



Pakistan Psychological Association

Dated: 25 -04- 2020

Dear Colleagues

Assalam-o-Alaikum

I hope you are doing well. I am writing to you to seek your help and encourage you to take steps to help people manage the psychological effects of Covid-19 Pandemic which has engulfed the entire globe. See if you can start with some online counselling activities or some other type of psycho-social services. In my knowledge ICP at University of Karachi, IAP at University of the Punjab and some other Departments are taking strong initiatives in this connection. Under its very limited resources PPA will try to facilitate its members for this national cause.

It is indeed a matter of pleasure for me to address you after a long time though we have been interacting during PPA facilitated or sponsored conferences and activities at various places like Karachi, Lahore, Islamabad, Peshawar, Multan, Gujrat and Bara Gali etc. During all these years we have been trying to run some academic activities as already mentioned and put in our efforts to materialize the long-standing need of establishing Pakistan Psychological Council (PPC). I am happy to share that the PPC bill has been presented in the National Assembly pending approval. Our former President Mr. Riaz Fatyana (who is also an MNA and Minister) is helping a lot to pass it. The executive especially thank our colleagues at Peshawar, Lahore, Karachi, and Islamabad etc. for giving valuable suggestions for the improvement in PPC bill during the process of consultation before it was sent to the National Assembly. We hope and pray that the bodies pass it soon.

Moreover, we have been able to establish PPA Office in Islamabad and for the very first time set standards for running the PPA account as per Generally Accepted Accounting Principles of the Government. We have printed new standard membership certificates, started issuing Good Standing Certificates, and created an e-mail data base and a WhatsApp Group. We have also developed a new PPA website, the link to which is given below. We have proposed some changes to the PPA constitution and will bring these changes to you for approval in an appropriate manner. Efforts are on to register psychology with Pakistan Academy of Sciences. Dr. Bilal Sufi, our General Secretary, passed away during our tenure. May his soul rest in peace. Some other psychologists e.g. Dr. Pervez also passed away. May their souls rest in peace and Allah give them highest ranks in Jannah.

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Dear colleagues, in the months to come we are planning a PPA conference at Bara Gali, Islamabad, Peshawar, or Karachi (to be decided by the executive) for which we will be contacting PPA members in the due course of time as the situation normalizes. In that conference we will hold PPA elections (to be decided by the executive) so that new executive takes over and things go further.

I have a request especially to the executive committee members and general members to encourage young psychologists to apply for PPA membership. PPAs Annual and Life Membership details are listed on our website <http://www.psychologypak.org/membership.php> Suggestions are welcomed. Contact person for membership details is Mr. Basharat Hussain (Office Secretary, PPA), Room No. A-107, B-Block, Department of Psychology, International Islamic University, Islamabad. His Cell # is +92 346 535 3662 and e-mail address is basharat_hussaini@yahoo.com.

We have just tried to take PPA forward within our very limited resources (mainly funding) due to which we were not able to reach you in print e.g, newsletter. Please accept whatever little we have been able to do.

I am so very much thankful to our members for their feedback and encouragement. I wish you all the best and a happy month of Ramadhan ahead. May Allah bless you.

Prof. Muhammad Jahanzeb Khan, PhD

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Pakistan Psychological Association

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